

Age	Gross motor skills	Fine motor skills
3 months	Kicks vigorously, when pulled to sit has little head control, bears weight on forearms while lying on stomach and holds head up	Holds a rattle in hands when given one, reaches for and touches objects when in supported sitting, engages in finger play
6 months	Can pull self up to sit when holding onto someone's hands, can sit with support, can hold head steady when sitting, can roll over	Can reach and pick up small things (mostly 2 handed), can accidentally release a toy/object, can pass a toy from one hand to the other
9 months	Can lean forward to pick up an object while sitting, can move along the floor by rolling or squirming, attempts to crawl and sometimes succeeds, pulls to stand but cannot let self down, can sit alone for up to 15 minutes	Puts hand around bottle or cup when being fed, will immediately stretch out to grasp a toy if offered, plays with 2 toys in each hand, can pick up small objects with thumb and index finger
12 months	Can sit for an indefinite time, can move from lying to sitting, can crawl or shuffle, can let self down when standing, can walk when held by both hands and sometimes by one, can walk around furniture sideways, may stand and walk alone for a few moments	Can pick up tiny objects with thumb and tip of index finger, can hold 2 blocks in each hand, can use both hands together co-ordinately – 1 hand to hold and 1 hand to manipulate, puts cubes in and out of a box, can hold a spoon but not use it, can drink from a cup with minimal help
15 months	Usually can walk alone with uneven steps with feet wide apart, falls often, can stand alone, can crawl upstairs and sometimes down by coming down backwards, can usually kneel without help	Can copy building a tower of 2 small blocks (1 inch), can grasp crayons in either hand and can copy back and forth scribbles, holds and drinks from a cup with some spilling, feeds self with spoon but not very successful
18 months	Can walk well, can stop and start without over balancing, can run - cut carefully and needs to watch the ground, pushes and pulls large toys, can carry large toys, can walk upstairs with 1 hand held, can creek backwards downstairs, can squat to pick up something and can rise to feet by using hands	Can hold a pencil and scribble to and fro and make dots (pencils in 1 or both hands), builds a tower of 3 blocks after being shown, holds and drinks from a cup without much spilling, holds a spoon and gets it safely into mouth
2 years	Runs safely and stops and starts without falling while avoiding obstacles, squats and stands	Builds a tower of 6 or 7 blocks, holds a pencil and scribbles back and forth and draws

	without using hands, climbs the furniture, walks upstairs (and often down) holding rails and with 2 feet on each step, throws small balls over arm, tries to kick large ball but walks into it instead, scoots with feet on floor while riding a tricycle	circles and dots, imitates up and down lines and sometimes a V shape, uses a spoon without spilling and lifts, drinks and puts cup back on the table without spilling
2 ½ years	Walks upstairs and usually downstairs confidently while holding the rail and putting 2 feet on each step, runs well and climbs outdoor equipment easily, can jump from small step with both feet together, can stand on tiptoes if shown, kicks large ball gently and throws overarm and a little stiffly underarm	Builds a tower of 7 blocks or more Holds pencil in preferred hand Imitates horizontal line, circle and often T and V also, eats skilfully with a spoon and may use a fork
3 years	Walks upstairs unaided using alterative feet and downstairs with 2 feet on each step, can turn around obstacles and corners when running, rides tricycles using pedals, balances on one foot for a moment, catches a large ball with hands or between out-stretched arms	Builds a tower of 9 blocks and bridge using 3 blocks, threads large wooden beads on a shoe lace, can close fist and wiggle thumb in imitation, draws a man with a head and usually 1 or 2 other features, snips with scissors
4 years	Walks and runs up and down stairs with 1 foot on each step Climbs ladders and trees, balances on preferred foot for 3-5 seconds and hops on it	Builds a tower of 10+ blocks without imitation, builds 3 steps with 6 blocks when shown, threads small beads onto a thin string, can touch the tip of each finger with thumb, uses a pencil like an adult, can copy any shapes, can draw a man with a head, legs, trunk and usually hands and fingers, draws a house